

Jungian Analytic Stream - Suggested Pre-course Reading 2017/18

This list gives you guidance for selecting relevant reading as a starting point for your exploration of Jungian ideas.

You will not be expected to have read all these books before beginning the course.
The books we recommend students buy are marked *

Reading Jung	
*Jung, C.G. (1963) <i>Memories, Dreams, Reflections</i> , GB Collins and Routledge & Kegan Paul.	A key text which you are advised to read before the course begins. Chapter 6, Confrontation with the unconscious, is especially recommended. Often referred to as Jung's 'autobiography' this book was in fact heavily edited by his secretary, Aniela Jaffe, and published after his death. Details of how the biography came about are described in Shamdasani (2005) pp 22-38.
Jung, C.G. (ed) (1964) <i>Man and his Symbols</i> , London: Aldus Books	Written shortly before his death in 1961, this book has a chapter by Jung, Approaching the Unconscious, and others written by his closest followers, under his direction. He was persuaded to write the book as a way of explaining his ideas to a wider, lay public.
Jung, C. G. (1989 / 2012) <i>Introduction to Jungian Psychology: notes of the seminar on analytical Psychology given in 1925</i> . Princetown University Press.	Revised, and with a new introduction by Sonu Shamdasani, this account of a series of lectures given in English by Jung is described by Shamdasani as 'the only reliable first-hand source in which Jung speaks of the development of his ideas and his self-experimentation'. As such it is a good introductory overview of his ideas.
*Tacey, D. (2012) <i>The Jung Reader</i> , Routledge	A collection of some of Jung's most important papers, taken from his Collected Works. They cover the nature of the psyche; archetypes; religion and culture; therapy and healing. David Tacey provides a general introduction, a useful chronology of Jung's life and work and a commentary on each of the papers.
Collections of papers written by contemporary Jungian analysts	
Cambray, J. and Carter, L. (eds.) (2004) <i>Analytical Psychology: Contemporary Perspectives in Jungian Analysis</i> , Hove: Brunner Routledge.	Internationally recognised post- Jungian authors write about advances in Jungian thought, including the concept of archetypes, human development, methods of treatment in the light of contemporary science, the theory of cultural complex and a history of analytical psychology.
Christopher, E. & Solomon, H. (eds) (2000) <i>Jungian Thought in the Modern World</i> . London: Free Association Books	Jungian analysts from the British Association of Psychotherapists (now part of BPF) write about the relevance of Jung's ideas in the 21 st century, including the Self, gender, racism, conflict, environment and spirituality.

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Casement, A. (ed.) (2007) <i>Who Owns Jung?</i> London: Karnac Books	Covering academic, clinical, historical, philosophical and scientific developments of Jungian thought this collection shows the diversity of thinking within the Jungian community, with contributions from internationally recognised clinicians and scholars.
*Papadopoulos, R. (ed.) (2006) <i>The Handbook of Jungian Psychology: Theory, Practice and Applications</i> , Hove: Routledge	Chapters include introductions by Jungian analysts to key Jungian ideas, including the collective unconscious, archetypes, shadow, anima / animus, the self, individuation, dreams and alchemy.
Young-Eisendrath, P. and Dawson, T. (eds) (2008) (2 nd ed.) <i>The Cambridge Companion to Jung</i> Cambridge: Cambridge University Press	Clinicians and scholars write about Jung's ideas, clinical practice from the perspectives of classical, archetypal and developmental Jungian schools of thought and the relevance of Jungian thought to social issues. Includes a useful chronology of Jung's life and work.
Introductions to Jung and His Ideas	
Casement, A. (2001) <i>Carl Gustav Jung</i> , London: Sage Publications	Part of a series published by Sage on key figures in counselling and psychotherapy this is a concise, well-informed introduction to Jung's life and work, including discussion of the main criticisms of his work.
Hillman, J. & Ventura, M. (1992) <i>We've had a hundred years of Psychotherapy and the World's Getting Worse</i> , New York: Harper Collins	A wide ranging conversation and exchange of letters between James Hillman (founder of archetypal psychology) and journalist, Michael Ventura, investigates the legacy of psychotherapy and challenges to contemporary living.
Samuels, A. (1985) <i>Jung & the post-Jungians</i> London: Routledge	A key, scholarly introduction to Jungian concepts and debates. Includes Samuels' categorisation of approaches to analytical psychology since Jung's death into Classical, Developmental and Archetypal schools.
Shamdasani, S. (2003) <i>Jung and the Making of Modern Psychology</i> . Cambridge University Press.	A study of the rise of modern psychology and psychotherapy including the origins of Jung's psychology and its impact on scientific and social thinking in the 20 th century.
Stein, M. (1998) <i>Jung's Map of the Soul: An Introduction</i> , Illinois: Open Court Publishing	A wide ranging, readable introduction written by a Jungian analyst from the classical school that is designed for both beginners and those wanting to expand their knowledge of Jung's ideas.
Biographies	
Bair, D. (2004) <i>Jung: a biography</i> , USA: Little, Brown and Company	You can read a review of this biography here

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Shamdasani, S. (2005) <i>Jung Stripped Bare By His Biographers, Even</i> , London: Karnac	Shamdasani, an academic and historian of psychology, investigates attempts to capture Jung's life in biography, the reason why his Collected Works are incomplete and areas for future development of Jungian thought.
Infant Observation	
*Miller, L., Rustin, M. & Shuttleworth, J. (1989) <i>Closely Observed Infants</i> . London: Duckworth	A readable introduction to the tradition of infant observation including theory, method and detailed studies of 9 infants.
Work Discussion	
Rustin, M. & Bradley, J. (2008) <i>Work Discussion: learning from reflective practice in work with children and families</i> . London: Karnac	A collection of papers that cover the practice and method of work discussion, detailed studies from educational, social care and international settings and implications for research and social policy.
*Obholzer, A. & Zagier Roberts, V. (eds) (1994) <i>The Unconscious at Work</i> , London: Routledge	Drawing on psychoanalytic ideas the contributors give detailed examples of how the inevitable stresses of caring work can be thought about and understood.