

Who is the course for?

Anyone who is interested in Psychoanalytic and Jungian ideas, and their applications. The course has been designed for those who are also looking to take their first step onto professional trainings at the Bpf. You may already be working in related professions, such as a G.P, nursery nurse or social worker. Or you may come from a completely different background. Life experience is strongly valued. Just bring your curiosity, openness and thinking apparatus...

What is the time commitment?

Study days take place one Saturday every month (except August) and last from 10-4:30, at Birkbeck, University of London, (Malet Street, WC1E 7HX.)

This central location is easy to get to and the course can fit around a busy schedule.

The study days comprise of seminars, facilitated discussion, and (of course) coffee. Each day is focused on a Psychoanalytic and Jungian theme. We will explore questions ranging from 'What is a mind?' To 'How do we become who we are?' An online forum will enable participants to continue the conversation onwards.

There are suggested reading and watching lists, so participants can immerse themselves as deeply as they wish.

There is also an optional reflective essay at the end of the course to help consolidate your learning.

What is Jungian and Psychoanalytic thought anyway?

Have a look at these useful links:

<http://www.britishpsychotherapyfoundation.org.uk/Pages/Find-a-Therapist/what-is-psychotherapy>

<http://www.britishpsychotherapyfoundation.org.uk/Pages/Associations/British-Jungian-Analytic-Association> Scroll down to 'Further Information about Jung'

<http://www.britishpsychotherapyfoundation.org.uk/Pages/Trainings/Psychoanalytical-Psychotherapy>

Who is teaching?

Seminar leaders will be invited members of the Bpf and drawn from the diversity of our organisation. Therefore you will be taught by tutors sourced from across the disciplines of Psychoanalytic, Jungian and Child training sections. This provides an insight to the kinds of learning experiences you might have, and who you might learn from, if you went on to train with us.

Can I drop in to seminars?

It's important that the group learns as a whole and we offer a safe and inclusive learning environment. This is underpinned by a sense of continuity throughout the year. Therefore the course is not provided in a drop-in format.

What other learning opportunities are out there?

Bpf also offers baby observation groups, work study seminars and advice on personal training analysts if you wish to develop your learning further. These may be taken in conjunction with the Psychotherapy Today course, particularly if you are looking to apply for training.

On the course you will be assigned a personal mentor, who will be able to advise you on pathways to training.

How do I apply?

Welcome!

Just fill in the application form, scan or save and send it to Sandra Pereira, MSc, Postgraduate and Public Courses Officer via email: sandrap@bpf-psychotherapy.org.uk.

Rowena Deletant, the course-coordinator will then contact you for an informal discussion.

An offer of a place will be made by email, along with details of the course and fee (£1,350 per annum). To pay by instalments contact Sandra Pereira to make arrangements.

Curriculum and any other queries can be sent via email: psychotherapytoday@bpf-psychotherapy.org.uk.

We look forward to seeing you there...