

November 2018

national training in psycho-analytic and psycho-dynamic psychotherapy

Collaboration between the University of Exeter and the **bpf**

This flexible and dynamic programme was developed by the University of Exeter in partnership with the **bpf**. The trainings (psychodynamic and psycho-analytic) are accessible from across the UK (and internationally). They offer an excellent standard of clinical and academic teaching delivered by experienced psychoanalytic psychotherapy clinicians, academics and researchers. The programmes are suitable for those with existing mental health qualifications, counsellors and others with suitable experience. Graduates will be trained to work in both the public and private sectors.

The course has been in existence in its current form since 2015 and has had three intakes in that time. This year it moved to an annual intake (from biennial). There are 19 trainees currently at various stages on the programme. The programme is eligible for postgraduate loans.

One thing that has been interesting is how difficult it has been for the **bpf** to hold this training in mind and be proud of the different stream it offers potential students and members. It would be good to hear any ideas members have about how we might address this.

Taking this into consideration it is worth re-stating that the programme includes a thorough training in clinical practice; classical and contemporary psychoanalytic theory; psychoanalytic observation modules (organisational and developmental) as well as a thorough grounding in clinically relevant research practice. Trainees undertake personal therapy, supervision and placements locally. In Years 1 and 2 they attend the University for 5 day intensive blocks once a term. These intensive blocks are supported by fortnightly Learning Sets which can be attended remotely or in person. The first two years of the course lead to an MSc in Psychological Therapies. Candidates are then re-interviewed and successful completion of the third and fourth years leads to qualification as a Psychoanalytic or Psychodynamic Psychotherapist (depending on stream taken) and eligibility for membership of the **bpf** and registration with the BPC. There is currently discussion about developing the programme into a professional doctorate.

For more information, please contact us here:

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More information about the structure of the course can be found here:

<http://cedar.exeter.ac.uk/programmes/mscptprpsychodynamic/>