

Psychoanalytic Stream Suggested Pre-course Reading 2017/18

This is a general book list that we thought would be helpful for you to have before the Course begins. However, be reassured that you are not expected to read all of them but they will be useful for reference throughout the Course. Required reading will be given for specific seminars during the Course.

GENERAL

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| Milton J., Fabricius J. & Polmear C. (2011) | A Short Introduction to Psychoanalysis. Second Edition, | Sage |
| Lemma, A (2003) | Introduction to the Practice of Psychoanalytic Psychotherapy
An overview of the schools of psychotherapy. Pages 15 to 72 give a concise introduction to key concepts and processes.
Relevant and interesting clinical examples. | Wiley and Sons |
| Frosh, S. (2012) | A brief introduction to Psychoanalytic Theory
Discusses the history of psychoanalysis, gives an introduction to fundamental concepts and presents the schools of psychoanalysis that have emerged since Freud. The final chapter gives an introduction to a psychosocial perspective. | Palgrave Macmillan |
| Bronstein, C. (Ed.), (2001), | Kleinian Theory: a Contemporary Perspective | Whurr |
| Rayner, E. (1991) | The Independent Mind in British Psychoanalysis. | Free Association Books |
| Quinodoz, JM. (2004) | Reading Freud. A chronological exploration of Freud's writings.
Excellent account of the development of Freud's thought, putting his writings into the context of his life and work as a whole | Routledge |
| Sandler, J. et al (1997) | Freud's Models of the Mind. | Karnac Books |
| Rayner, E. (Third Edition) | Human development : an introduction to the psychodynamics of growth, maturity and ageing
Psychoanalytic perspectives on each stage of the life cycle. | Allen and Unwin |

PARENT-INFANT COMPONENT

- Brazelton, TB & Cramer. BG. (1991) **The Earliest Relationship – Parents, Infants and the Drama of Early Attachment** Karnac Books
- Miller, J and Miller, L. (Eds) (2013) **Closely Observed Infants.** Duckworth
- Music, G (2010) **Nurturing Natures: Attachment and Children’s Emotional, Sociocultural and Brain Development.** Taylor and Francis

WORK STUDY COMPONENT

- Rustin, M. & Bradley, J. (Eds) (2008) **Work Discussion. Learning from Reflective Practice in Work with Children and Families.** (Especially chapters One, Two and Eleven). An excellent introduction to theory and practice in this area of study. Karnac Books
- Morgan H. & Thomas K. (1996) **A psychodynamic perspective on group processes’ Identities, Groups and Social Processes, ed. M. Wetherell. London.** Constable
An overview of Psychodynamic thinking about group processes, including unconscious processes, anxiety, defense and Bion’s contribution.
- Salzberger-Wittenberg, I. (1970) **Psychoanalytic Insight and Relationships. A Kleinian Approach.** Routledge
Very readable exposition of Kleinian concepts illustrated by case studies. This is also useful text in preparation for the work study element of the course.
- Hinshelwood, R (1987) **What Happens in Groups.** Free Association Books.
An examination of the ways individuals collectively and individually seek to protect themselves from the worst aspects of group life. Illustrated from group systems that appear in a therapeutic community.