

bpf BRITISH
PSYCHOTHERAPY
FOUNDATION

training and courses
2020-2021



37 Mapesbury Road, home of the **bpf** and former home of Oliver Sacks, neurologist and author of “*Awakenings*” and “*Man who mistook his wife for a hat*”

Greetings from our CEO

Hello, and thank you for your interest in the **bpf**.

We are an organisation of psychotherapists, involved in training and committed to making sure that high-quality therapeutic help is available to as many people who need it as possible.

We offer a range of specialist academic programmes and clinical training. We ensure our activities are accessible to people - from all backgrounds and across the UK - who are interested in psychotherapy treatment or training.

With over 600 members we are one of the largest psychotherapy membership and training organisations in Europe. We’re also a charity. Our approach is based on the rich tradition of psychoanalytic and Jungian theory and practice, yet also draws on scientific advances in our understanding of human development and the mind.

I hope you find this summary prospectus interesting and helpful. At **bpf**, we look forward to welcoming you soon as a participant in one of our programmes.

Mike Owen,
CEO of **bpf**



Equality and diversity at **bpf**

The **bpf** is committed to diversity and inclusivity in all the work we deliver. We are fully dedicated to promoting, maintaining and supporting equality of opportunity in all aspects of our organisation.

We aim to create an environment where all individuals, irrespective of gender, relationship status, ethnicity, sexual orientation, disability, religious belief, political affiliation or age have opportunity to achieve their full potential. The **bpf** does not tolerate inequality and discrimination and we encourage opportunities to understand and celebrate the diversity of our members and trainees.

Whoever you are, we look forward to welcoming you to the **bpf**.

www.britishpsychotherapyfoundation.org.uk

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Pre-training and introductory courses Page 5

The **bpf** runs a range of introductory-level courses, ranging from single-term to full-academic-year courses. They are designed for people looking to take their first step in professional psychotherapy training, as well as those who are simply interested in learning about psychoanalytic and Jungian ideas, and their practical application to everyday life.

Academic degrees Page 10

We offer three post-graduate degrees: two MSc programmes, which open up the path to further professional training, and one DPsych, which leads to a doctorate and professional membership.

Clinical training Page 12

Psychotherapy training at the **bpf** is conducted across the two psychotherapy disciplines of psychoanalytic psychotherapy and Jungian analysis. Most of our training takes place in London, however our National Training Programme is accessible from across the UK and internationally.

CPD courses Page 17

We offer a wide range of continuing professional development (CPD) courses, aimed at practising Psychotherapists, Psychoanalysts and Counsellors. We also offer discounts and courses exclusively to **bpf** members. Examples of our CPD courses are included in this brochure but please check our website as we are continually developing them.

Pre-training and introductory courses



Psychotherapy
Today:
introduction to
psychoanalytic and
Jungian ideas in a
challenging world



Begins Autumn 2020



British Psychotherapy Foundation, 37 Mapesbury Road, London NW2 4HJ



£1,500 (early bird price is £1,390 if paid before 15th July 2020)

Join the **bpf**'s flagship introductory course!

Psychotherapy Today has been specifically designed for those who are either considering a psychotherapy training and/or are curious about psychoanalytic and Jungian thinking, and how these ideas can be applied to the world in which we live. The course aims to kindle curiosity, encourage critical thinking, make connections, and investigate differences in a creative and inclusive group setting, whilst enabling students to develop their own associations and ideas.

Who it is for

While the course might be of particular interest to those looking to take their first step in professional training at the **bpf**, it is open to all sections of society and we encourage applications from a diverse range of people. You may already be working in the caring professions (e.g. GP, Social Worker or Nursery Nurse) or you might come from an entirely different background.

Life experience is strongly valued; just bring a sense of curiosity, openness and an interest in exploring new ways of looking at the self and the world.

Course content

The syllabus has been designed to facilitate reflection on the ways in which psychoanalytic and Jungian thinking can be applied to both personal experience, as well as wider political and social issues. You will examine questions ranging from 'what is a mind?' and 'how do we become who we are?' to thinking about issues like group dynamics, racism and homophobia.

Structure

Psychotherapy Today is run over several months and is comprised of seminars, discussion groups and a mentoring programme. Our mentoring programme plays a key role in:

- supporting you in your studies;
- discussing any planned progression to further training and opportunities you are interested in exploring.

How to apply and to find out more

Please visit: tinyurl.com/psychotherapy-today for more information and to apply, or email Sandra Pereira at sandrap@bpf-psychotherapy.org.uk.



bpf Work Discussion Group



Monday evenings 6.45pm - 8.15pm, begins in October 2020



British Psychotherapy Foundation, 37 Mapesbury Road, London NW2 4HJ



£310 per term; fee is reduced when two terms are booked together

Are you interested in deepening your understanding of relationships at work, and making better sense of how you interact with colleagues? Are you interested in using psychoanalytic and Jungian concepts in order to make sense of anxiety, hostility, unproductive meetings and difficulties with colleagues - irrespective of your sector?

Each group member will have the opportunity to present detailed interactions between themselves and a colleague, a team, or a client for the group to discuss. The group will apply concepts of psychoanalytic and Jungian thought to real-life work situations, and explore unconscious communication and dynamics that develop in human interactions. Participants will be supported to establish an atmosphere of confidentiality, trust and reflection to facilitate open exploration of their thinking and their work.

From time to time readings will be provided to stimulate discussion on psychoanalytic and Jungian concepts. Participants are not expected to have any prior clinical or theoretical experience.

Who it is for

- People who want to learn about and explore psychoanalytic concepts in order to understand their professional relationships or clinical work, for example those in caring professions;
- People who want to join a regular, small group to deepen and develop their understanding of psychoanalytic and Jungian ideas by applying them to ongoing work interactions;
- People who are interested in preparing to apply for a clinical training in psychoanalytic psychotherapy or Jungian analysis with adults.

How to apply and to find out more

For more information or to apply please visit tinyurl.com/bpf-work-discussion or contact Sandra Pereira, MSc, Postgraduate and Public Courses Officer, on 020 8452 9823 or at sandrap@bpf-psychotherapy.org.uk

Infant Observation



Applications can be made throughout the year



Brighton, Cambridge, Kingston, London, Oxford



£1,500 per annum + £170 application fee

Our Infant Observation two-year courses, which run in a number of locations on different days and at different times, provide a uniquely deep experience of human development via direct observation of an infant during their early life, and participation in a small group. Participants observe a baby from birth until two years of age, paying close attention to how the baby relates to their carers and environment.

We try to 'feel into' the young child's experience of encountering their environment and their carers, as they create and discover an internal world of their own. We play with ideas about observation; how different infants unfold, communicate, manage difficulties, express themselves and develop relationships. Participants often find their understanding of the link between mind and body is deepened, their awareness is sharpened, and they develop a more sophisticated appreciation of countertransference.

Who it is for

- Anyone who works with people will benefit from undertaking an infant observation, especially therapists and counsellors;
- For those considering training in psychotherapy or analysis, it is indispensable in terms of developing an 'analytic attitude' - the capacity to maintain an objective stance while remaining emotionally open and reflecting on your countertransference responses;
- The experience can activate primitive areas of the psyche, which is why it is such a valuable aspect of training and why individual therapy (minimum 1x weekly) throughout the course is essential.

Structure

Observations last for one hour a week throughout the year (allowing for everyone's holiday commitments). After each visit participants write up detailed notes of what has been observed. Unless otherwise agreed with seminar leaders, participants observe from birth until the baby's second birthday. There are 10 seminars per term and three terms a year. At the end of the course participants are encouraged to write an infant observation paper.

How to apply and to find out more

Please visit: tinyurl.com/bpf-infant-observation for more information. To apply for this course, please download and complete the application form, and email it to Sandra Pereira at sandrap@bpf-psychotherapy.org.uk.



Jung reading group

Established in 2008 this popular reading group is open to anyone with an interest in C. G. Jung.

The group aims to carry out a systematic reading of Jung's original works and explore their significance in academic and clinical contexts, including taking into account post-Jungian perspectives in analytical psychology.

Last year the reading included Jung's monograph '*Aion: Researches into the Phenomenology of Self*'.

Who it is for

The reading group is open to anyone with an interest in Jung and his works. Current participants include clinicians, as well as graduates with an academic background. Prior knowledge of the concepts is not assumed, but the ability to openly engage with the reading material is an essential part of the group discussions.

How to apply and to find out more

For more information please visit tinyurl.com/bpf-jung-reading or contact Sandra Pereira on 020 8452 9823 or at sandrap@bpf-psychotherapy.org.uk

This group qualifies for CPD.



10x Thursday evenings 8pm - 9.30pm, throughout the year



British Psychotherapy Foundation, 37 Mapesbury Road, London NW2 4HJ



£425

Psychoanalytic reading group

Are you interested in the origins and development of psychoanalytic theory and practice, and how psychoanalytic thinking has been developed and applied to our understanding of ourselves and the world we live in?

This reading group will discuss and explore the rich psychoanalytic literature from Freud to current day.

Each week members of the group will be expected to read a seminal paper chosen from the psychoanalytic literature. The discussion is an important part of the group ethos, and is intended to bring together different views in a non-judgmental atmosphere.

Who it is for

The course will appeal to people who are generally interested in learning about the fundamentals of psychoanalytic theory, or who see it as a step towards embarking on a psychoanalytic training.

How to apply and to find out more

To find out more visit: <https://tinyurl.com/PPA-reading-group>. To apply contact Lydia at PPAtraining@bpf-psychotherapy.org.uk

This course qualifies for CPD.



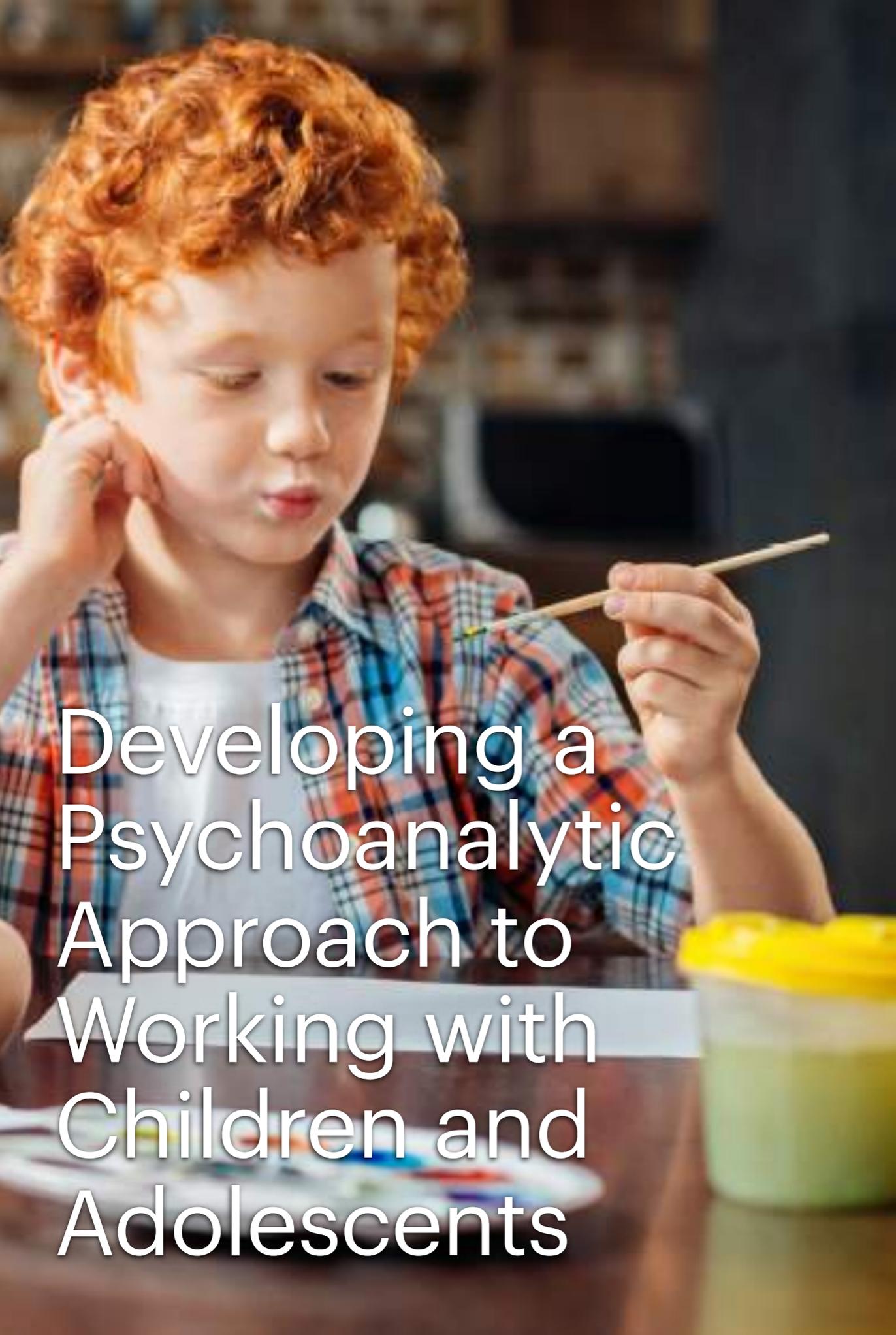
8x Thursday evenings 6.30pm - 8pm, throughout the year



British Psychotherapy Foundation, 37 Mapesbury Road, London NW2 4HJ



£310



Developing a Psychoanalytic Approach to Working with Children and Adolescents



Begins in January 2021



British Psychotherapy Foundation 37 Mapesbury Road, London NW2 4HJ



£1,200

This course offers the opportunity for those currently engaged in direct work with children or young people to discuss aspects of their work in a weekly seminar led by a senior child psychotherapist.

Participants are expected to bring detailed descriptions of their interactions with young people, so they can be thought about in a way which helps to reveal the underlying meaning of these communications.

Participants will also be encouraged to think about what these interactions stir up in themselves. The aim of the course is to develop and enhance psychoanalytic understanding of the emotional growth and behaviour of children and adolescents.

Who it is for

This course is open to people who are working directly with children or young people who want to enhance their practice, using a psychoanalytic perspective

How to apply and to find out more

Please contact Sandra Pereira on 020 8452 9823 or at sandrap@bpf-psychotherapy.org.uk. Visit tinyurl.com/developing-psychoanalytic for more information

Academic degrees



MSc Psychodynamics of Human Development

This two-year, part-time MSc in collaboration with Birkbeck College, University of London, provides an understanding of human development through the theoretical and clinical issues raised by psychoanalytic and Jungian analytic perspectives, infant observation and work study seminars. This includes recent research in the application of psychoanalytic and Jungian analytic theories on individual development and contemporary psychosocial issues. You will also be taught research methods, and complete an empirical or theoretical dissertation.

Who it is for

- Those exploring a career change to therapeutic work or psychotherapy;
- Those preparing for adult or child psychotherapy training;
- Personal and professional development, including for those currently in social care, counselling, social services, primary care, mental health and education.

Course structure

- Two-year infant observation, following an established practice for learning about the psychodynamics of human development through detailed weekly observation of an infant from birth, with support from seminar discussion;
- Work study seminars, following an established model of close observation of the work setting, including personal and interpersonal responses and organisation dynamics;
- Seminars on psychoanalytic or Jungian analytic theory and research methods leading to a dissertation based on independent research. A post-graduate diploma is available for those not taking the research component.

Leads to

- Acquisition of psychoanalytic or Jungian analytic perspectives that inform and enhance current work;
- Accredited infant observation for psychotherapy training;
- Foundation for **bpf** child and adolescent psychotherapy doctorate.

How to apply and to find out more

For more information please visit tinyurl.com/bpf-birkbeck-msc Dorothee Magni (Director) welcomes enquiries at MSCPA@bpf-psychotherapy.org.uk. Alternatively, please contact course coordinator: Sandra Pereira on 020 8452 9823 or email: sandrap@bpf-psychotherapy.org.uk



Begins in October 2020



British Psychotherapy Foundation, Birkbeck College, University of London,



Part-time home/EU students - £6,510 pa; international students - £9,510 pa

MSc Psychological Therapies Practice and Research



Begins in October 2020



Accessible from across the UK and internationally



Part-time home/EU students - £6,510 pa; international students - £9,510 pa

This flexible and dynamic programme was developed by the **bpf** in partnership with the University of Exeter. Uniquely designed to be accessible from across the UK (and internationally) the course and trainings offer an excellent standard of clinical and academic teaching delivered by experienced psychoanalytic psychotherapy clinicians, academics and researchers.

The MSc can be taken as a free standing programme, however it can also be used to form the first part of the National Training BPC accredited Qualifying Training.

Who it is for

The programme is suitable for people who have an existing mental health qualification (psychiatry, psychology, social work, nursing), as well as Counsellors or those with a serious interest in psychodynamic and psychoanalytic models of thinking and work. Applicants should normally have an undergraduate degree (or equivalent) and should have some experience of working in mental health services or associated settings.

Leads to

Successful completion of the MSc in Psychological Therapies Practice and Research (psychodynamic/psychoanalytic therapy) normally confers eligibility to progress to the two-year qualifying training leading to registration as an Adult Psychodynamic Psychotherapist or as an Adult Psychoanalytic



Course content

This MSc comprises a lively programme of clinical and theoretical seminars, in which students are introduced to different psychoanalytic schools of thought. The modules that form the basis of the course include the following:

- Clinical practice: developing clinical skills under psychodynamic supervision whilst on placement;
- Psychoanalytic theory: reading and discussing classical and contemporary psychoanalytic theory;
- Institutional observation: developing psychoanalytic observation skills and using these to understand the dynamic forces that affect individuals in groups and organisations;
- Research: learning about models of research that are suitable for psychoanalytic work and engaging in a small scale piece of research;
- Personal therapy/analysis.

How to apply and find out more

Up to date information about the course and the application process can be found at tinyurl.com/exeter-bpf

Clinical training



Psychoanalytic Psychotherapy training with adults



Begins in January 2021, dates tbc



London (part-time mode)



£2,950 pa (reduced after completion of theoretical programme)
+£1,500 pa for infant obs. +£135 pa for **bpf** membership +£170 application fee

Psychoanalytical psychotherapy aims to help patients reach beyond the initial symptoms that may have brought them to seek treatment, and to gain a better understanding of themselves, their relationships, and what underpins the difficulties they may be experiencing.

Training in psychoanalytic psychotherapy includes seminars on psychoanalytic theory and early development, as well as supervised intensive (3x week) clinical work. The intensity and depth of the training also enables qualified therapists to work less intensively or frequently with patients, in private practice as well as in the NHS and other settings.

Training qualifies graduates for full membership of the **bpf**, and registration as a Psychoanalytic Psychotherapist with the British Psychoanalytic Council (BPC).

Entry requirements

Selection of candidates is made on the basis of qualities directly related to the ability to work as a Psychoanalytic Psychotherapist, and each application is considered on a case-by-case basis. Admission to the training is dependent on people being established in intensive (minimum 3x week) psychoanalytic psychotherapy or psychoanalysis. Trainees are required to continue in therapy for the duration of the training. Therapy should be with an approved training therapist.

Programme structure

The training takes a minimum of four years. It includes theory seminars, clinical seminars and intensive psychotherapeutic work under weekly supervision with two patients. This is underpinned by the trainee's development of a relationship with a personal tutor, and by their own personal intensive therapy. The training is rooted in a psychoanalytical understanding of learning, and is therefore understood as both a professional and personal development experience. The training also involves the completion of an infant observation over at least one year, a psychiatric placement and a clinical placement.

Trainees are required to see one patient for a minimum of two years, and another for a minimum of 18 months. The seminars are held on a weekday evening. Infant observation seminars may be attended at a time to suit the trainee (depending on availability). Workshops and plenary meetings with the Training Committee are scheduled on two Saturday mornings per term.

For more information or to apply

If you are interested in applying, either now or in the future, please visit : tinyurl.com/PPA-training or contact the PPA Training Coordinator on 020 8452 9823 or at PPAtraining@bpf-psychotherapy.org.uk

Jungian Analytic training with adults



Dates tbc



London (part-time mode)



£2,500 pa (reduced after completion of theoretical programme) +£1,500 pa for infant observation +£135 **bpf** membership fee pa +£170 application fee

The BJAA training integrates a developmental model with contemporary theory and the writings of Jung. There is a strong clinical emphasis backed up by the requirement of an infant observation.

The curriculum encourages rigorous thinking and practice, and focuses on Jungian and post-Jungian theory, whilst embracing a rich and diverse curriculum of other leading psychoanalytic thinkers and examining their relationship to Jungian theory. With this foundation, Jungian Analysts are well equipped to develop a private practice or to apply the model to work in the NHS, higher education and the third sector.

Clinical training in Jungian theory and practice leads to membership of the BJAA/**bpf**, British Psychoanalytic Council and the International Association of Analytic Psychology.

The training programme

This is delivered part-time and consists of:

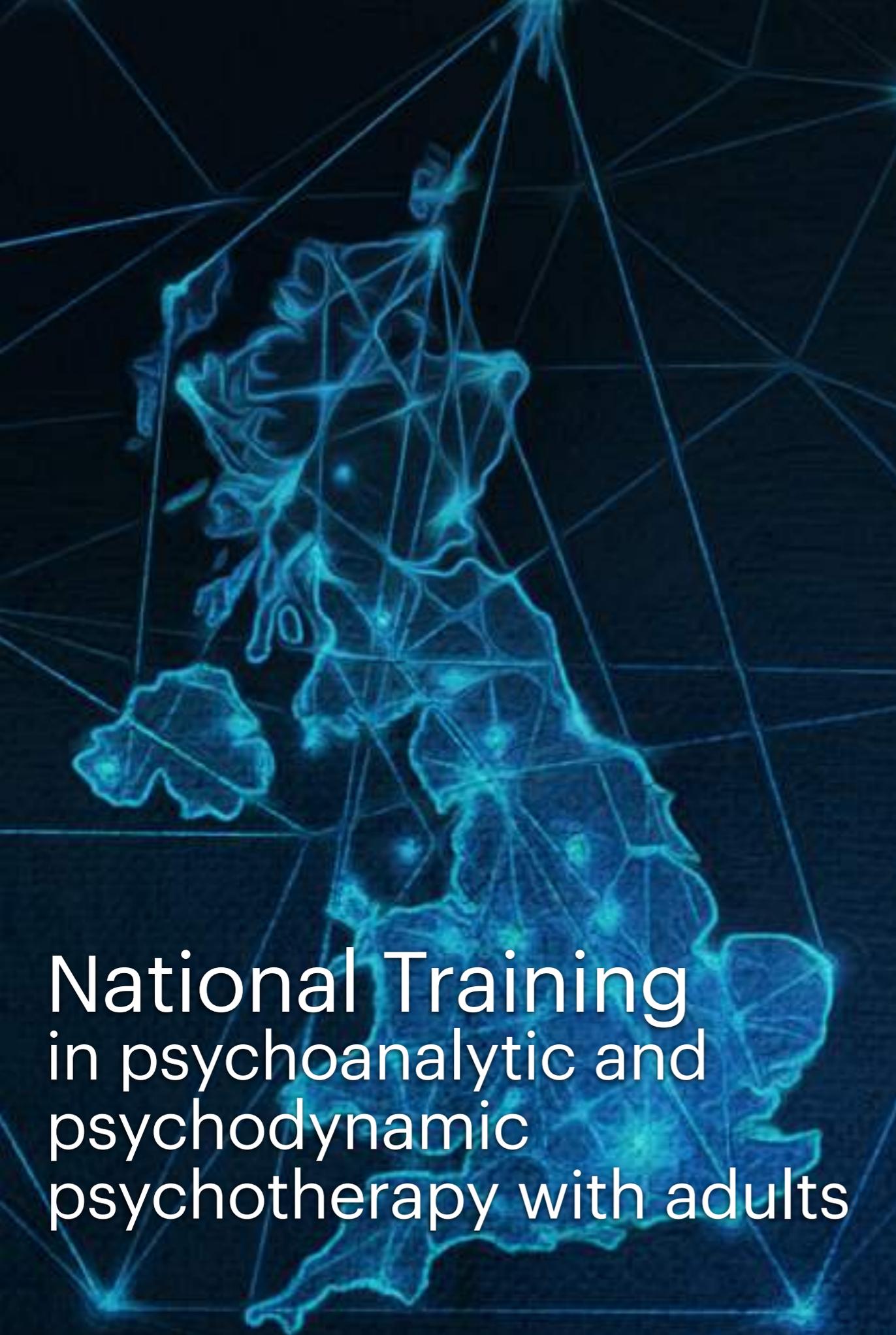
- Four years of theoretical seminars covering Jungian, post-Jungian, psychoanalytic and contemporary analytic theory;
- A two-year infant observation course that focuses on the development of the emerging self from birth until the infant's second birthday (unless this has already been completed beforehand and meets requirements);
- Clinical seminars and supervision of analytic work with patients;
- A minimum of 3x weekly personal analysis with an approved analyst until qualification;
- Psychiatric placement for six months (for trainees without psychiatric experience).

Requirements

- A first degree or equivalent;
- Related work experience but we also welcome applications from a variety of work backgrounds;
- Supervised one-to-one clinical work experience with adults in a paid or honorary capacity;
- A minimum of 3x weekly personal analysis with an approved analyst for at least one year before starting training;
- An aptitude and potential to think and work analytically.

For more information or to apply

If you are interested in applying, either now or in the future, please visit: tinyurl.com/BJAA-training or contact the BJAA Training Coordinator on 020 8452 9823 or at BJAAtraining@bpf-psychotherapy.org.uk



National Training in psychoanalytic and psychodynamic psychotherapy with adults



Expected October start, dates tbc



Accessible from across the UK and internationally



£7000 p.a. / £8000 p.a. for international students (subject to change annually)

This flexible and dynamic programme was developed by the **bpf** in partnership with the University of Exeter. It allows participation across the UK and internationally.

The training is structured to support students at a distance. Fortnightly Learning Sets taking place at locations across the UK. These Learning Sets can also be joined remotely by Skype/zoom. Students will undertake their personal therapy, clinical supervision and clinical practice locally to them. Once a term, there will be an intensive academic block (5 days) which is attended in person, providing face-to-face interaction with your tutors.

Who it is for

The course begins with the MSc in Psychological Therapies Practice and Research (Psychodynamic/Psychoanalytic Therapy). This can be taken as a standalone course but successful completion also confers eligibility to apply for a further two-year programme of seminars and supervised clinical work leading to qualification as an Adult Psychodynamic or as an Adult Psychoanalytic Psychotherapist.

Programme content

The masters programme is delivered in termly academic blocks (five-day residential attended in person), supported by regular Learning Sets that can be attended in person or accessed remotely. This comprises a lively programme of clinical and theoretical seminars, in which students are introduced to different psychoanalytic schools of thought. In addition, students attend a clinical placement locally where clients are seen under psychodynamic supervision and they complete an institutional observation and a small piece of applied research. Students are in their own personal psychoanalytic therapy throughout the programme.

Following the MSc, students undertaking the psychodynamic psychotherapy training will complete two further years of clinical and theoretical seminars and undertake clinical work under supervision (including experience with 2x weekly work). Students undertaking the psychoanalytic psychotherapy training will complete a further two years of clinical and theoretical seminars and undertake clinical work under supervision with two patients seen three times a week.

How to apply and to find out more

If you are interested in applying, either now or in the future, please visit: tinyurl.com/bpf-national-training or contact the programme administrator at admin-psychoanalyticstudies@exeter.ac.uk



Modified Entry Scheme into psychoanalytic psychotherapy training with adults

We offer a modified entry scheme for people who already have a significant clinical qualification. Qualified Child Psychotherapists, Couple Therapists, and Psychodynamic Therapists are all eligible to apply.

Entry requirements

Modified entrants are expected to have undertaken personal psychotherapy or analysis with an approved therapist at a frequency of at least 3x weekly for five years over the period of their previous training. This therapy should not have ended more than five years before starting. Further therapy is not mandatory for modified entrants, but may be required or recommended on the basis of the selection interviews, and may emerge as a requirement at the discretion of the Training Committee during the course. If previous intensive therapy has not been undertaken, trainees will be expected to start this with an approved **bpf** training therapist prior to starting the course.

Trainees are expected to have completed an infant observation or to undertake one during the course, (minimum cost £1,500 pa). Trainees are expected to have gained some psychiatric experience during their previous training, or be required to undertake this during the course.

For more information or to apply

If you are interested in applying please visit : tinyurl.com/PPA-training-MES or contact the PPA Training Coordinator: 020 8452 9823 or at PPAtraining@bpf-psychotherapy.org.uk

-  Throughout the year
-  London (part-time mode)
-  £2950 pa (with a reduction thereafter until qualification) + £135 pa **bpf** membership fee + £170 application fee

Modified Entry Scheme into Jungian analytic training with adults

The modified entry scheme is for people who already have a significant clinical therapy qualification and would like to train as a Jungian Analyst. It is an individually tailored programme of additional training for BPC and non-BPC Psychotherapists, Psychodynamic Counsellors, Arts Therapists, Child and Adolescent Psychotherapists, Couples Psychotherapists, Group Analysts and Humanistic Psychotherapists.

Entry requirements

Modified entrants will need two years of clinical experience post qualification, and a keen curiosity about Jungian thinking and theory. This will determine the entry point into the theoretical part of the programme. Personal analysis with an approved training analyst starting one year before joining the course is a pre-requisite for this course. However, for those who have already had substantial analysis lower frequency therapy may be considered.

Trainees are expected to complete an infant observation; minimum cost of £1,500 pa. Where an infant observation has already been completed and approved by **bpf** the requirement will be for a reflective paper.

For more information or to apply

If you are interested in applying please visit: tinyurl.com/BJAA-training-MES or contact the BJAA Training Coordinator: 020 8452 9823 or BJAAtraining@bpf-psychotherapy.org.uk

-  Throughout the year
-  London (part-time mode)
-  £2,500 pa (reduced after completion of theoretical programme) +£135 pa **bpf** membership fee +£170 application fee



The Independent Training: a UCL Doctorate in Child and Adolescent Psychotherapy



Begins in October 2020 , dates TBC



UCL, Anna Freud Centre for Children and Families, and the British Psychotherapy Foundation



Fully funded by Health Education England

This four-year, full-time, highly selective professional doctorate aims to develop the academic, clinical and research skills needed to practise as a professional Child and Adolescent Psychotherapist, and will lead to the award of DPsych and professional membership of the Association of Child Psychotherapists (ACP). The programme is a collaboration between UCL, the Anna Freud National Centre for Children and Families and the Independent Psychoanalytic Child and Adolescent Psychotherapy Association (IPCAPA) at the British Psychotherapy Foundation (**bpf**), alongside NHS training placement providers. The theoretical orientation of the training represents the thinking of the Independent School within the British Psychoanalytic Movement. A Jungian pathway has been developed for those in Jungian analysis.

Course structure

The programme combines working in a clinical setting, with lectures and seminars to support academic development and the opportunity to complete a doctoral level research project. Teaching is offered in a small-group setting and aims to provide a thorough understanding of normal child development, childhood psychopathology and psychotherapeutic techniques linked with direct experience of clinical work and conducting relevant research.

The course is comprised of three components:

- Clinical placement, usually in an NHS setting;
- Academic component of theoretical seminars and applied practice seminars;
- Research component.

Entry requirements

- 2.1 honours degree, (or equivalent) OR a masters degree from a UK University in a relevant subject;
- A number of criteria, laid down by the ACP, which applicants must fulfil before they can apply to this doctoral clinical training. Please see www.childpsychotherapy.org.uk for further details.

How to apply and to find out more

Those seriously interested in undertaking this doctorate are advised to make contact with the Training Co-ordinator IPCAPAttraining@bpf-psychotherapy.org.uk who can help to establish at an early stage whether individuals have the necessary experience and, if not, link them up with those who can direct them as to how to achieve it.

CPD courses



bpf Annual Conference - The Violent Human

Join us for our celebrated annual conference, to be held in March 2021.

“*The Violent Human*” will be an exploration of the origins and expression of violence in human personal and social relationships at different stages of life; from childhood to adulthood.

We will examine the role of psychotherapy in the prevention and treatment of violence, and the insights that psychoanalysis may offer on unconscious dynamics that contribute to violent action, in individuals, groups and society. See more at tinyurl.com/violent-human



26th March 2021



Royal College of Nursing, 20 Cavendish sq. London W1G 0RN



£199 non-*bpf* members, £99 *bpf* trainees, £159 *bpf* members



Jungian Dreams Workshop

A series of six Saturday workshops exploring dreams and dream interpretation through the Jungian lens.

Each meeting will focus on a particular aspect of dream – the initial dream, dream series, social dreaming, dream in art and literature, the transcendent function and the dreaming body. We will develop and deepen our conversation with dreams and dream symbolism, widening our understanding of collective and personal unconscious processes, both in and outside the consulting room.

Who is it for

The workshop is open to those with a shared interest in Jung's work. Current participants include clinicians as well as graduates with academic backgrounds. The ability to openly engage with the reading material is an essential part of the group's discussions.

E-mail: SandraP@bpf-psychotherapy.org.uk



6x seminars from January 2021



Friends Meeting House, 43 St. Giles, Oxford OX1 3LW



£540



Developing Supervision Skills

Designed for Psychotherapists and Psychodynamic Counsellors wishing to explore their supervision practice, this course consists of lectures/discussions and clinical presentation groups. Over a period of several months, we will focus on how you can support trainees with a broad range of emotional, practical, analytical and technical issues.

Theoretical input

Lectures/discussions may include the following topics: online supervision, working with gender, sexual and relationship diverse clients, working with suicidal patients, as well as more psychosocial aspects such as working with patients from different cultural, social and racial contexts.

Clinical presentation groups

Participants are required to present clinical material from their supervisory practice in confidential, small group settings.

E-mail: SandraP@bpf-psychotherapy.org.uk



Begins early 2021



British Psychotherapy Foundation



TBC



Assessment Skills Weekend Course

This intensive course takes place over two weekends. It explores the importance of a thorough assessment before beginning psychological therapy of any kind. It highlights key considerations when making assessments for psychological therapy.

Who is it for

This course is designed for Psychoanalytic/Psychodynamic and Jungian Therapists and Counsellors, and other professionals who work with adults in private practice, the NHS and voluntary sector. It may also suit professionals who live outside London who would find a weekend course easier to attend.

Clinical discussions

Discussions will cover topics including; taking notes and history, structure of the first meeting, defences of the patient, proper use of questionnaires, how to put together a psychodynamic formulation and write a report, assessment in the NHS and in private practice.

E-mail: SandraP@bpf-psychotherapy.org.uk



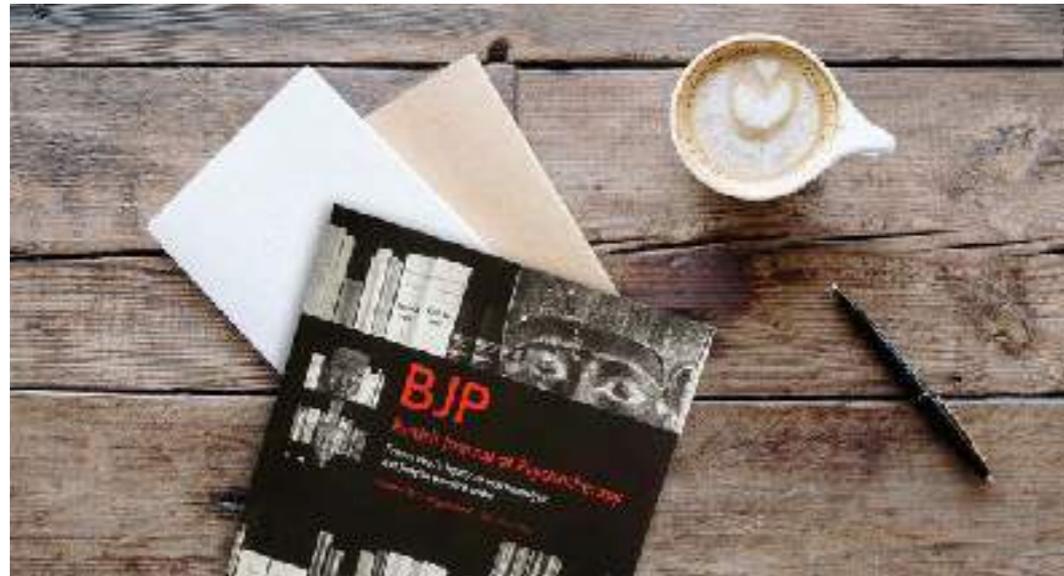
Begins early 2021



British Psychotherapy Foundation



TBC



British Journal of Psychotherapy

Co-owned by the **bpf** and Wiley, all trainees and members of **bpf** receive a subscription to the British Journal of Psychotherapy (BJP).

The BJP was founded by Dr Bob Hinshelwood in the 1980s to bring together diverse voices in the field of analytical psychotherapy.

BJP is an international journal for psychoanalytic and Jungian-analytic thinkers, providing a space for both innovatory and everyday work on the unconscious. As an analytic journal, it has long occupied a unique place in the field of psychotherapy journals with an Editorial Board drawn from a wide range of psychoanalytic, psychoanalytic psychotherapy, psychodynamic, and analytical psychology training organisations.

The BJP also awards the annual prestigious Rozsika Parker Prize to authors who discuss issues of creativity, however broadly conceived. To find out more, please visit tinyurl.com/RPprize

find out more

To find out more about the BJP, and to view our Open Access articles, please visit:

tinyurl.com/BJPonline

in our current issue

 *social media and its impact on therapeutic relationships*

Greta Kaluzeviciute

(April 2020) Issue 36: 303-320

Open Access

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PSYCHOTHERAPY
FOUNDATION

www.britishpsychotherapyfoundation.org.uk