reading group
Alice Cowley

autumn term 2019
Week 1 to Week 8 @ bpf Kilburn
Thursdays 6.30 - 8.00pm
10th, 17th, 24th, 31st October (break for half term on 7th November), 14th, 21st, 28th
November & 5th December 2019.

Welcome to the reading group.

For those of you who are new to psychoanalysis, you would very much benefit from reading some introductory literature. I recommend:

Malan, David H, Individual Psychotherapy and the Science of Psychodynamics, 2nd or 3rd Ed (Hodder Arnold Publication), Chapters 1 and 2.


Lemma provides an overview of clinical concepts and this provides the basis for the weekly reading. The chapters by Malan are there to facilitate the understanding of Lemma. They are relatively easy to read and will provide an insight into the clinical application of the theory. Sophina will be able to send you an electronic copy of these chapters on request.

the weekly reading:


Elizabeth Zetzel (1968) The so-called Good Hysteric. IJPA 49:256-260


